

Williams Bay School District

Fitness Center Protocol for school Athletic Teams

July 2020

Service	Protocol
Hours	Coaches must develop a schedule that will be approved by the Athletic Director (AD) and the Facilities Manager (FM). Coaches must adhere to this schedule.
Capacity	10 high school athletes at a time with 2 supervisors may utilize the fitness center. Students must attend the same time slot every day to contact trace.
Training	Each coach is required to attend a mandatory training on cleaning and sanitizing procedures with the FM. Coaches will be responsible for training their athletes on how to properly wipe down the equipment after each use.
Cleaning	Each athlete is required to wipe the equipment down after each use. Coaches are required to wipe and sanitize the entire fitness center after all athletes leave the facility. Coaches must make sure the fitness center is locked and secure before leaving. The cleaning crew will be scheduled to clean the fitness center twice a week.
Towels	Towels will only be available for wiping down equipment. Athletes should be responsible for bringing their own towel for personal use. Towels should not be shared.
Locker rooms	Fitness center locker rooms will be open so that athletes have access to the restrooms. For health and safety reasons, showers should not be used by athletes.
Elementary and Middle/High School Gyms	These areas are closed. Athletes should be restricted to the fitness center for their workouts. If coaches need to use the gym, they must receive prior approval by the AD and FM.
Use of Masks	Coaches and athletes are highly encouraged to wear masks when utilizing the fitness and while in the district facility.

Athletes Responsibilities:

- If you are having any sickness symptoms prior to leaving home or upon arriving at the school, please do not enter the fitness center, we ask that you please stay home to protect other team members and coaches. Athletes and coaches are responsible for tracking their own temperature prior to coming to the facility.
- Proper hand washing or use of hand sanitizer should be done upon entrance of the building and before leaving the building.
- Bring a water bottle. Our drinking fountain will be closed, but our hands-free bottle refill station will be open.
- Remain 6 feet apart from other team members and coaches in the fitness center. Please do not go on a machine that is right next to a machine in use.
- Sanitize your equipment after each use with the wipes that are available. Staff will also be sanitizing equipment on a regular basis.
- Athletes and coaches are encouraged to wear a face mask while in the fitness center.

Staff Responsibilities (Staff will follow the same Athlete responsibilities as listed above and will also be responsible for the following):

- All coaches will be required to go through training on COVID-19 protocols.
- Coaches are encouraged to wear masks and gloves when available and appropriate.
- Coaches will disinfect areas at the beginning and end of their session.